

U3ACastlemaine

U3A Castlemaine Inc. Reg. No A00174096

Encompassing the Shire of Mount Alexander and nearby communities

LEARNING IN THE THIRD AGE

COURSE PROSPECTUS 2012



Photograph by the Photography and Digital Imaging Group

2012 COURSE ENROLMENT DAYS

10 am - 12 noon

Tuesday 17 & Wednesday 18 January 2012

Kindergarten Hall, Uniting Church complex

Lyttleton Street, Castlemaine

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You may enrol in as many courses as you wish, but please consider your time commitments and the limited numbers for many courses.

COURSE DESCRIPTIONS

ART & PHOTOGRAPHY

The Art of Colour

6 sessions

Course leader : Sally Berridge

5472 4048

Course outline : This short course is based on the colour theories of Johannes Itten, an artist of the Bauhaus. He particularly focused on the tension between the objective laws of colour (wavelength, etc.) and the subjectivity of personal experience in viewing colours and their interactions. In this class we will look at both the objective and subjective through our own experiences of painting with colour. In particular we will look at primary, secondary and tertiary colours and how they relate to one another: hue; light-dark; cold-warm; and complementary colours.

By the end of the course you will have a deeper understanding of how colours work with and against each other, and this knowledge can be used in painting, design, handcrafts, room furnishings, gardens or any other activity that involves colour.

Entry criteria : All you need is an ability to draw 1cm squares in pencil, and then paint them in gouache (water-based paint).

Meeting time : To be advised - Third term.

Venue : To be advised.

Colour Theory Using Watercolours

4 sessions

Course leader : Paula Paas

0438 657 588

Course outline : Colour is central to an artist, so an understanding of colour is important. We will experiment with colour mixing and the use of colour to affect mood and provoke emotional responses in the viewer.

Entry criteria : Prepared to use watercolour paints.

Meeting time : 10.30 am - 2.30 pm Mondays - 12 March (Labour Day) to 2 April.

Venue : Leisterville Hall, William Street.

Compositions in Acrylic

6 sessions

Course leader : Peggy Munro

5472 2086

Course outline : Painting using acrylics with basic materials employing techniques and concentrating on picture composition. Hoping to produce a finished piece READY to hang in an exhibit.

Entry criteria : Basic colours (cheap), a decent brush and cardboard for working on. Interest, enthusiasm and staying power.

Meeting time : 10.30 am - 2.30 pm Mondays - 16 April to 21 May.

Venue : Leisterville Hall, William Street.

Drawing - Basic Skills

5 sessions

Course leader : Peggy Munro

5472 2086

Course outline : One hour of structured activity to develop techniques and skills - focused by self-generated activity to consolidate what has been learnt. Lunch, then free time for further self-activity.

Entry criteria : An interest - you will be amazed.
NB: Class limited to 12 participants.
Meeting time : 10.30 am - 2.30 pm Mondays 6 February to 5 March.
Venue : Leisterville Hall, William Street.

Monoprints and Linocuts

7 sessions

Course leader : Paula Paas **0438 657 588**
Course outline : Simple print-making using techniques of monoprinting and linocuts. Printing ink will be provided. Participants will need to bring their own piece of lino, cutting tools and paper.
Entry criteria : Enjoyment of creative arts and a willingness to share expertise.
Meeting time : 10.30 am - 2.30 pm Mondays 28 May to 2 July.
Venue : Leisterville Hall, William Street.

Photography & Digital Imaging

All year, 4 week cycles

Course leader : Trevor Wheeler **5476 2286**
Course outline : A class for those who would like to share their interest in taking and working with digital photographs.
Weeks 1 & 2: Camera techniques & photography excursions.
Weeks 3 & 4: Reviewing & editing photos with Picasa and Photoshop.
Entry criteria : Beginners welcome. All are encouraged to contribute and share their expertise.
Meeting time : 1.30 pm to 3.30 pm, Thursdays, commencing 16 February - 4 Terms.
Venue : The Octopus, Duke Street, (Opposite the motel).

Portraits - Getting a Likeness

5 sessions

Course leader : Marion Cooke **5473 4050**
Course outline : The use of various media (materials supplied). Focus on using the alternative side of the brain and hand - looking and seeing. A most interesting study.
Entry criteria : A very open mind. Open to anyone who wants to have a go.
Meeting time : 10.30 am - 2.30 pm Mondays - 8 October to 5 November.
Venue : Leisterville Hall, William Street.

Realism to Abstract

5 sessions

Course leader : Paula Paas **0438 657 588**
Course outline : Starting from a realistic representation we will move towards creating abstract images. Participants using their choice of medium.
Entry criteria : Enjoyment of creative arts and a willingness to share expertise.
Meeting time : 10.30 am - 2.30 pm Mondays 23 November to 10 December.
Venue : Leisterville Hall, William Street.

Still Life Using Collage Techniques

6 sessions

Course leader : Paula Paas **0438 657 588**
Course outline : Using collage techniques of cutting and pasting printed papers, coloured papers and 'discarded' paintings, still life images will be created.
Entry criteria : Be prepared to have fun.
Meeting time : 10.30 am - 2.30 pm Mondays 27 August to 1 October.
Venue : Leisterville Hall, William Street.

Tonal Exercises

6 sessions

Course leader : **Peggy Munro**

5472 2086

Course outline : This is the real serious part of most art, but it can be so easy to get the message with these simple exercises. A little touch of composition colour theory to ease the journey to realism.

Entry criteria : An enquiring attitude and a willing participation.

Meeting time : 10.30 am - 2.30 pm Mondays - 16 July to 20 August.

Venue : Leisterville Hall, William Street.

COMPUTERS

Apple Mac Computer Help

All year

Course leader : **Bruce Carruthers (Vic Say, Co-ordinator)**

5472 3900

Course outline : Taken by our own Castlemaine Mac expert. Bruce is also our U3A web master. The group will learn general and specific matters concerning Apple products. These sessions cater to both beginners and more experienced users. Throughout the year we will go "back to basics" for new users and to remind others of the forgotten delights of our Macs. Bruce uses a large screen display to demonstrate, thus enhancing the learning experience.

There is a charge of \$3 each class.

Entry criteria : Little or no knowledge of the Apple Macintosh is needed, just an interest in Mac computers.

Meeting time : 9.30 am to 10.30 am weekly on Mondays, commencing 6 February.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Basic Computer Skills

All year

Course leader : **Lyn Hall & Betty Johnson**

5472 2316

Course outline : Ongoing course for those wanting to learn and improve their computer skills. Uses the Internet, Email and Word programs. Content can be tailored to suit the students.

There is a charge of \$2 each class.

Entry criteria : Beginners welcome.

Regular practice at home between classes.

Meeting time : 9 am to 12 noon weekly on Fridays, commencing 10 February.

Venue : The Octopus, Duke Street, (opposite motel).

How do I do that?

All year

Course leader : **Shane Doyle**

5472 4017

Course outline : For all levels of computer users (Windows PCs).

If you have a problem with achieving some task on your computer, or want to find out how to do something with your computer, come to this class. Covers sound, video, internet and eReaders, etc.

There is a charge of \$2 each class.

Entry criteria : Beginners to advanced.

Meeting time : 9.30 am to 12.30 pm, Wednesdays, commencing 15 February.

Venue : The Octopus, Duke Street, (opposite motel).

Pix to PC and Beyond

- Course leader :** **Shane Doyle** **All year**
5472 4017
- Course outline :** For students with digital cameras who want to learn how to get the photos on to their computer, and then upload to web sites, photo albums, create online products, email to friends and family.
There is a charge of \$2 each class.
- Entry criteria :** Participants need a digital camera and computer, and to be able to perform these activities unaided, after class.
- Meeting time :** 1.30 pm to 3.30pm, Wednesdays, commencing 15 February.
- Venue :** The Octopus, Duke Street, (opposite motel).

HISTORY

Aboriginal History: Our Shared History

- Course leader :** **Felicity Say** **All year**
5472 1841
- Course outline :** The course aims to draw our attention to the lesser-known aspects of our shared history and to show the resultant impact of colonisation on the lives of Aboriginal people. We will listen to the Aboriginal voice through extensive use of video and audio material, and hear an occasional visitor/expert or visit a museum or gallery.
- Entry criteria :** Interest in Australian history..
- Meeting time :** 10 am to 12 noon 1st & 3rd Tuesdays, commencing 7 February.
- Venue :** U3A office, Uniting Church.

Australian History

- Course leader :** **Geoff Walker** **All year**
5470 6652
- Course outline :** Theme units will be introduced for bi-monthly duration on aspects of Australian history. They may be on topics, e.g., the gold rush; or biographical, e.g., exploration or scientific research. Sessions will be prepared and presented, sometimes using DVDs, providing opportunities for active discussion.
- Entry criteria :** An interest in the local, national and international history of Australia. Participants to be prepared to take part in discussion of issues, and perhaps to prepare a session.
- Meeting time :** 2 pm to 4 pm 2nd & 4th Mondays, commencing 13 February.
- Venue :** Private residences - contact course leader.

The Balkan States, 1945-2000

- Course leader :** **Tom Comerford** **4 sessions**
5470 6230
- Course outline :** A study of post World War 2 Yugoslavia, Albania, Bulgaria and Romania - each session devoted to one country, examining the leadership, living conditions, trade and the reaction to the collapse of the Soviet bloc.
- Entry criteria :** Some understanding of the pre World War 1 history of the Balkans. A willingness to do research and lead discussion.
- Meeting time :** 10 am to 11.30 am Wednesdays, 8 to 29 February.
- Venue :** Kindergarten Room, Uniting Church.

Family History / Genealogy

Term 2

Course leader : Veronica Hurley

5472 1383

Course outline : This course will start students on developing their Family Tree. Covers searching for Births, Deaths and Marriages in Australia and overseas, and recording this data in their Tree.

There is a charge of \$2 each class.

Entry criteria : Strict limit of 10 participants!

Basic computer skills. An ability to work on your own at home between classes.

Meeting time : 1.30 pm to 3.30 pm, Mondays during Term 2, commencing 16 April.

Venue : The Octopus, Duke Street (opposite motel).

Great Women in History: The Entertainers

4 sessions

Course leader : Tom Comerford

5470 6230

Course outline : A study of Anna Pavlova, Jenny Lind, Sarah Bernhardt, and Dame Ellen Terry, their unique talent and the way in which each broke taboos.

Entry criteria : Willingness to do some research and share findings with others.

Meeting time : 10 am to 11.15 am Wednesdays, 11 July to 1 August.

Venue : Kindergarten Room, Uniting Church.

HUMANITIES

The Bloomsbury Group

6 sessions

Course leader : Helen Long (Contact Course Co-ordinator 0411 244 103)

Course outline : In the early twentieth century a group of friends formed strong bonds and went on to make significant contributions to the literary, artistic and intellectual life of Great Britain. We will explore the wonderful record they left of their work, their lives and their loves. No homework, but reading encouraged and facilitated.

Entry criteria : Just interest, curiosity and desire to learn. Maximum of 10 people.

Meeting time : 2 pm to 4 pm on alternate Tuesdays from 5 June.

Venue : Private residence - contact course leader.

British Literature

All year

Course leader : Diana Collier

5443 0137

Course outline : Authors and poets, and their works - early English (Anglo-Saxon) roots, Chaucer, Marlowe, Shakespeare, the Metaphysical poets, perhaps as far as Milton.

Entry criteria : An interest in the topic, and a willingness to read and contribute to discussions.

Meeting time : 3 pm to 4.30 pm 2nd & 4th Monday, commencing 13 February.

Venue : Fellowship Room, Uniting Church.

Craft of Writing I: From Memoir to Fiction

8 sessions

Course leader : Elizabeth Rider

5470 5681

Course outline : Participants will use their own memories as the basis for creating fiction, experimenting with different narrative voices, use of tense and structure. The term will include an optional 5-hour workshop (cost \$25)

with a professional writer on 22 March 2012. The workshop will be open to other U3A members.

- Entry criteria :** A willingness to produce regular pieces of writing to present in class. Participants need to be prepared to produce current manuscripts for constructive criticism in the class and to build on that criticism to improve their writing skills. Participants need to be willing to share the task of facilitating the class if appropriate.
- Meeting time :** 1.30 pm to 4.30 pm Wednesdays (including tea break), weekly from 8 February to 28 March.
- Venue :** Salvation Army Hall, Kennedy Street (adjacent railway station).

Craft of Writing II: Short Stories 8 sessions

Course leader : Elizabeth Rider **5470 5681**

Course outline : Participants will plan, write and workshop three short stories (1,000 - 3,000 words), refining character development and dialogue.

Entry criteria : A willingness to produce regular pieces of writing to present in class. Participants need to be prepared to produce current manuscripts for constructive criticism in the class and to build on that criticism to improve their writing skills. Participants need to be willing to share the task of facilitating the class if appropriate.

Meeting time : 1.30 pm to 4.30 pm Wednesdays (including tea break), weekly from 18 April to 20 June.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Craft of Writing III: Using different devices in fiction

8 sessions

Course leader : Elizabeth Rider **5470 5681**

Course outline : The class will incorporate letters, diaries, press reports, and poetry as inspiration for stories.

Entry criteria : A willingness to produce regular pieces of writing to present in class. Participants need to be prepared to produce current manuscripts for constructive criticism in the class and to build on that criticism to improve their writing skills. Participants need to be willing to share the task of facilitating the class if appropriate.

Meeting time : 1.30 pm to 4.30 pm Wednesdays (including tea break), weekly from 18 July to 5 September.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Craft of Writing IV: Complete Two Stories 6 sessions

Course leader : Elizabeth Rider **5470 5681**

Course outline : Participants will write, workshop and self-edit two short stories.

Entry criteria : A willingness to produce regular pieces of writing to present in class. Participants need to be prepared to produce current manuscripts for constructive criticism in the class and to build on that criticism to improve their writing skills. Participants need to be willing to share the task of facilitating the class if appropriate.

Meeting time : 1.30 pm to 4.30 pm Wednesdays (including tea break), weekly from 17 October to 21 November.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Ethics

4 sessions

Course leader : Karen Mather

9347 6925

Course outline : Designed for beginners, the first session introduces the method of ethics. The remaining sessions are: Professional Ethics and the world of work; Environmental Ethics and the dilemma of human needs versus the needs of the natural environment; and, finally, Ethics in (some of) the Plays of Shakespeare.

Entry criteria : None. Participants will be invited to engage in Question Time at the end of each session.

Meeting time : 11 am to 12.30 pm, Thursdays, commencing 22 March.

Venue : U3A Office.

Let's Read a Play

All year

Course leader : Barrie King & Trish King

5470 5514

Course outline : Each fortnight our group reads a play, either a drama or a comedy, from a wide range of authors. Everyone chooses who can participate in the reading of the play. It is very enjoyable to be able to have the story unfold and reach its conclusion at each session - so come along and give it a try.

Payment of \$3 per session covers hire of plays and postage of scripts

Entry criteria : None.

Meeting time : 10 am to 1 pm 2nd & 4th Monday, commencing 13 February.

Venue : Private residence - contact course leader.

Public Speaking

3 sessions

Course leader : Diana Collier

5443 0137

Course outline : Discussion and practice in aspects for good public speaking. Preparation, subject matter, audience, presentation/appearance, voice projection, breathing. Handouts, slides and other material. Use of microphone

Entry criteria : An interest in clear speaking, in drama, in finding the 'right' word, and an expectation of active participation.

Meeting time : 10 am to 11.30 am, Monday, 13 & 27 February, and 26 March.

Venue : Fellowship Room, Uniting Church.

Shakespeare

All year

Course leader : Diana Collier

5443 0137

Course outline : A study of some of Shakespeare's plays and sonnets - his poetry, his language, themes such as love and artifice, action, history.

Entry criteria : Interest in the topic, and willingness to read & contribute to discussions.

Meeting time : 1.30 pm to 3 pm, 2nd & 4th Monday, commencing 13 February.

Venue : Fellowship Room, Uniting Church.

The Story of Language

All year

Course leader : Diana Collier

5443 0137

Course outline :

1. What is language? Social background - Oral and written symbols for communication, meaning and sound. How language changes. Indo-European languages, the beginnings of English.
2. Dialects and Norman English. Influences on English.

3. The growth towards modern English: standards, technology.
Entry criteria : An interest in language and its developments and changes. A willingness to contribute - perhaps to lead a subject (e.g., printing; illustrations).
Meeting time : 11.30 am to 1.30 pm 2nd & 4th Monday, commencing 13 February.
Venue : Fellowship Room, Uniting Church.

Twentieth Century Literature

All year

- Course leader :** Denise Jepson **5473 4470**
Course outline : We will read and discuss fiction from the 20th century starting with Margaret Atwood's *The Handmaid's Tale*.
Entry criteria : To read at least part of a book each month.
Meeting time : 1 pm to 3 pm second Friday of the month commencing 10 February.
Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

LANGUAGES

French I

All year

- Course leader :** Sue Greed **5472 5026**
Course outline : This is a beginners' class for those interested in learning the basics of French conversation and grammar in an enjoyable and entertaining way.
Entry criteria : None.
Meeting time : Tuesday 1 pm - 2.30 pm, commencing 7 February.
Venue : Fellowship Room, Uniting Church.

French II

All year

- Course leader :** Sue Greed **5472 5026**
Course outline : This is a course for those who wish to extend their knowledge of French grammar and develop their conversational skills.
Entry criteria : A basic knowledge of French grammar is essential.
Meeting time : Tuesday 2.30 pm - 4 pm, commencing 7 February.
Venue : Fellowship Room, Uniting Church.

French Conversation

All year

- Course leader :** Jane Quinn **5474 2320**
Course outline : Refresher course to help people who are travelling overseas, to read books, newspapers, watch television, increase vocabulary.
Entry criteria : Knowledge of French - some ability to read, translate, converse - refresher course.
Meeting time : 2 pm to 3.30 pm 2nd & 4th Monday, commencing 13 February.
Venue : Private residence - contact course leader.

French Language & Literature

All year

- Course leader :** Tony Morton **5473 4425**
Course outline : We read and translate a few pages from a work of French Literature every class. This year we will be reading Gustave Flaubert's *Trois Contes*. The text will be supplied if necessary.
Entry criteria : The equivalent of Year 12 French. It is very useful if class members have put a few hours into preparing the next five or six pages.

Meeting time : 2 pm to 3.30 pm 1st & 3rd Mondays, commencing 6 February.
Venue : Kindergarten Room, Uniting Church.

German I

Course leader : **Ros Coffey** **All year**
5473 4207
Course outline : German language and culture for absolute beginners.
Entry criteria : None.
Meeting time : 9.30 am to 10.45 am Mondays, weekly commencing 6 February.
Venue : U3A office, Uniting Church.

German II

Course leader : **Ros Coffey** **All year**
5473 4207
Course outline : German language and culture for those with some knowledge of German.
Entry criteria : Year 9 German (Form III).
Meeting time : 10.45 am to 12 noon Mondays, weekly commencing 6 February.
Venue : U3A office, Uniting Church.

Italian I

Course leader : **John Stanistreet** **All year**
5472 2914
Course outline : Come and learn the language of love and gelato in a cheerful group!
Entry criteria : None - just an interest in starting to learn Italian.
Meeting time : 9.00 am to 10.30 noon, Tuesdays, weekly commencing 7 February.
Venue : Private residence - contact course leader.

Italian II

Course leader : **Norma Rantall** **All year**
5472 4125
Course outline : An ongoing study of the Italian language, with an emphasis on grammar, leading into reading, writing and conversation. Textbooks will be supplied.
Entry criteria : Some knowledge of Italian grammar - pronouns, simple verb conjugations and a reasonable vocabulary. Commitment and willingness to do some homework.
Meeting time : 10.30 am to 12 noon, Tuesdays, weekly commencing 7 February.
Venue : Private residence - contact course leader.

Italian III

Course leader : **Vivienne Robertson** **All year**
5470 6499
Course outline : Lessons are conducted in Italian, except where grammatical points need detailed explanation. Topics are suggested each week and members are expected to prepare these to present at the next class. Participants are expected to comment and contribute to the discussion.
Entry criteria : Members should have a good knowledge of grammar, a wide vocabulary, and some experience of speaking Italian. Class members must do the preparation suggested and be willing to contribute to the discussion.
Meeting time : 9.30 am to 11 am Thursdays weekly, commencing 9 February.
Venue : Private residence - contact course leader.

Latin I - Beginners

All year

- Course leader :** Janet Gilmore (Contact Susan Mayfair 5470 5872)
- Course outline :** Increase your word power! This is an approachable introduction to Latin, the source of a vast number of English words. A simple overview of how the language works, but with major emphasis on looking at how Latin has generated many of the everyday English words we use today. The textbook used is the popular Cambridge Latin Course, Volume 1.
- Entry criteria :** No prior knowledge of Latin or any other language is required. Be interested in talking about words!
- Meeting time :** 12.30 pm to 1.30 pm, 2nd Thursday each month, commence 9 February.
- Venue :** Kindergarten Room, Uniting Church.

Latin II - Intermediate

All year

- Course leader :** David Kennedy (Contact Susan Mayfair 5470 5872)
- Course outline :** Continuation from Latin I
- Entry criteria :** Completion of Latin I.
- Meeting time :** 1.30 pm to 2.30 pm, second Thursday each month, commencing 9 Feb.
- Venue :** Kindergarten Room, Uniting Church.

Latin III - Advanced

All year

- Course leader :** David Kennedy (Contact Susan Mayfair 5470 5872)
- Course outline :** Continuation from Latin II.
- Entry criteria :** Completion of Latin II.
- Meeting time :** 2.30 pm to 3.30 pm, second Thursday each month, commencing 9 Feb.
- Venue :** Kindergarten Room, Uniting Church.

Latin Revision

All year

- Course leader :** Janet Gilmore (Contact Susan Mayfair 5470 5872)
- Course outline :** A one-hour class to complement the Latin courses, with emphasis on grammar.
- Entry criteria :** Participation in another Latin course.
- Meeting time :** 1.30 pm to 2.30 pm, fourth Thursday each month, commencing 23 Feb.
- Venue :** Kindergarten Room, Uniting Church.

Lifestyle

Bushwalking

All year

- Course leader :** Carole Ingersoll **5474 2372**
- Course outline :** Learn more about the wonderful area we live in, enjoying better fitness, and social participation. The walks are usually 5 to 7 kms, but longer walks are also arranged.
- Entry criteria :** Reasonable level of fitness, able to walk 3 km per hour over variable terrain. Participants are encouraged to lead a walk. Good footwear essential.
- Meeting time :** Second and fourth Wednesdays each month. Daylight Saving: 8.30 am to 11.30 am Winter Time: 9 am to 12 noon. Commencing 8 February.
- Venue :** Meet at the Uniting Church Car Park, Lyttleton Street.

El Camino de Santiago de Compostela

1 session

Course leader : Alfred van Amelsvoort

5427 4385

Course outline : Do you have a dream to go on pilgrimage to Santiago de Compostela? Are you an armchair traveller with an interest in El Camino de Santiago de Compostela? Do you need information about of preparing for a pilgrimage? The forum will attempt to provide some answers.

Entry criteria : An interest in El Camino de Santiago de Compostela and prepared to actively participate in session.

Meeting time : 12.30 pm to 3 pm, Tuesday 28 February.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Friday Morning Garden Group

All year

Course leader : Shirley Curnow

5472 1729

Course outline : We arrange visits to Gardens and Nurseries throughout the year, when weather is favourable. If the weather is unpleasant we have videos or DVDs about garden shows or working in the garden. Our annual community effort is to prune the roses in Victory Park.

Entry criteria : The love of gardening and willingness to participate in and enjoy the activity.

Meeting time : 10 am to 12 noon third Friday of month, commencing 17 February.

Venue : Fellowship Room, Uniting Church.

Gardening in Castlemaine

All year

Course leader : Harvey Jacka

5470 5079

Course outline : We will look at gardening in Castlemaine, its practical side, some garden history and aspects of garden design for a changing climate. There will be a bit of show-and-tell, an exchange of knowledge and experience, guest speakers and garden visits.

Entry criteria : Love of gardens.

Meeting time : 2 pm to 4 pm, first Tuesday each month, commencing 7 February.

Venue : Kindergarten Room, Uniting Church.

Golf Croquet for Beginners

All year

Course leader : Frank Pederick

5472 1017

Course outline : This is the introduction to an enjoyable outdoors social game that exercises hand and eye coordination, memory and decision making processes - qualities we all hope to maintain as long as possible. Some highly qualified local mentors are available guide your introduction.

Entry criteria : Ability to stand and move around the green for 2 hours, with a mid-way tea break. Have fun. Wear shoes without heels. Clad for weather. Equipment available for participants.

Meeting time : 10 am to 12 noon Tuesdays commencing 3 April.

Venue : Castlemaine Bowling Club, Berkeley Street.

Intuitive Development through Relaxation

6 sessions

Course leader : Michelle Fortuna

0408 781 567

Course outline : A fun way to connect with your inner wisdom and to experience a greater depth of relaxation. Will promote well-being and laughter, and develop personal intuitive abilities unique to you!

Entry criteria : Will suit anyone who is interested.
Meeting time : 10.30 am to 11.30 am Mondays, commencing 6 February.
Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Mindfulness for Wellbeing

6 sessions

Course leader : Karina de Wolf

5472 2956

Course outline : This six week introductory course will teach the principals of Mindfulness as a meditation. The sessions will include guided meditations, a conceptual framework and instructions that focus on the breath and internal sensations. The benefits of Mindfulness meditation are relaxation, and relief of stress leading to greater peace of mind.

Entry criteria : Participants will be seated in chairs. Please bring a shawl as the body cools when one is still. No previous experience required.

Meeting time : 9.30 to 10.30am Wednesdays 9 May to 13 June.

Venue : Fellowship room, Uniting Church.

Pétanque

6 sessions

Course leader : Jenni Rutherford & Sally Kaptein

5472 3468

Course outline : An ancient game originally played with stone balls and brought to France by the Romans. The game, so close to French hearts, is played with metallic balls, on a dirt surface. This is a chance to learn the rules, technique and strategies - and the café will be open after the game.

Entry criteria : Ability to bend and if you have a set of boules, all the better. Maximum 8 players.

Meeting time : 2 pm to 4 pm Fridays commencing 20 April.

Venue : Campbells Creek, opposite Thrifty-Link Hardware.

Short Walks

All year

Course leader : Dot Henshall

5472 5108

Course outline : This walk is designed for people who enjoy walking in the bush, but who no longer have the stamina or ability to undertake long, strenuous walks. After driving for 10 to 20 minutes to an area of natural or historical interest, we walk for about an hour along tracks that are neither too rough nor too steep.

Entry criteria : None.

Meeting time : Every Wednesday each month, except 3rd. Daylight Saving: 9 am to 10.30 am Winter Time: 10 am to 11.30 am Commencing 22 February.

Venue : Meet at the Uniting Church Car Park, Lyttleton Street.

Table Tennis

All year

Course leader : Bernadette Fraser

5472 2634

Course outline : Come and play table tennis in a friendly non-competitive spirit. Great fun, good exercise and great for hand-eye co-ordination.

Entry criteria : None. Donation of \$1 per week.

Meeting time : 10 am to 12 noon, every Wednesday, commencing 8 February.

Venue : Table-tennis pavilion, Camp Reserve - Forest Street entrance.

Tai Chi

All year

Course leader : Dot Henshall

5472 5108

Course outline : Tai-chi for Arthritis is a gentle, low impact form of exercise that can benefit the whole body. It improves balance, mobility, flexibility, strength and coordination and is beneficial to one's general health, especially relaxation and posture. Two classes run concurrently - a beginners group and one for more experienced participants.

Entry criteria : None. Attend regularly and participate in the exercises to the best of your ability.

Meeting time : 9.30 am to 10.45 am Mondays, commencing 27 February.

Venue : October to April - Castlemaine Botanical Gardens.
May to September - Kindergarten Room, Uniting Church.

Tai Chi - Seated for Arthritis

All year

Course leader : Dot Henshall

5472 5108

Course outline : This is a modified, seated form of Tai Chi. It can be practised and enjoyed by most people who find standing for long periods too difficult. A safe, easy to learn program to relieve pain, improve health and one's quality of life.

Entry criteria : None, except willingness to learn and participate.

Meeting time : 10 am to 11 am Fridays weekly, except for first Friday of the month, commencing 17 February.

Venue : Private residence - contact course leader.

Music and Dance

Ballet Appreciation

All year

Course leader : Joe Scoglio

5472 2396

Course outline : This course is an introduction to the world of ballet. In the first semester we will look at the lives and careers of Margot Fonteyn and Rudolf Nureyev. In the second semester we will be comparing different choreographers' versions of well-known ballets.

Entry criteria : None. Openness to asking questions and sharing observations.

Meeting time : 1.30 pm to 3 pm third Thursday monthly, commencing 16 February.

Venue : Private residence - contact course leader.

Music Appreciation

All year

Course leader : Bruce Baud

5472 4574

Course outline : This is primarily about listening to music rather than discussion; the music is the thing! If you like listening to a variety of Baroque, Classical and Romantic music, please join our group and hear a fine selection chosen by Bruce Baud.

Entry criteria : Willingness to just listen to music.

Meeting time : 9.30 am to 11.30 am first Wednesday monthly (including 15 minutes tea/coffee break), commencing 7 March.

Venue : Private residence - contact course leader.

Opera: Occasional Series

All year

Course leader : Felicity & Vic Say

5472 1841

Course outline : We will listen to full operas. After hearing complete works, we discuss and compare highlights from other performances that participants have brought. Words are available in the language sung as well as in English.

Entry criteria : None.

Meeting time : 7 pm first Friday monthly (session length 3-5 hours). Commencing 3 February.

Venue : Private residence - contact course leader.

Requiem ... and then

All year

Course leader : Vic Say

5472 1841

Course outline : A year-long meditation on a theme that takes us on a journey through the broadest possible variety of musical styles: Gregorian Chants from 1,000 AD and before, through to works composed as late as 2008. During four years we have listened to 17 pre-Mozart requiems, 13 works from Mozart to the mid twentieth century and 12 modern works. Some explore and push the limits of the interaction between the liturgy, human emotions of grief, fear and doubt, notions of judgement and transcendence, and the interplay between these factors, the orchestral forces, the choral forces and vocal virtuosity. Others are a calm, even joyful meditation on faith and hope.

Entry criteria : None.

Meeting time : 1.30 pm to 3.30 pm first & third Fridays monthly commencing 3 February.

Venue : Private residence - contact course leader.

Singing Together

All year

Course leader : Rae Hawkins

5472 3446

Course outline : This is for people who enjoy singing together. Learn as you go! A wide variety of music will be provided. There is no audition - just come along and see if it suits you.

Entry criteria : None.

Meeting time : 3.30 pm to 5.30 pm Tuesdays weekly, commencing 7 February.

Venue : Salvation Army Hall, Kennedy St, adjacent railway station.

Ukulele for Beginners

All year

Course leader : Annie Wiltshire

5473 4563

Course outline : Participants will go through basic chords, different strums and picking, and enjoy playing a range of enjoyable songs as a group. The class will be limited to six/eight participants. If a participant has to leave the class, the place will be offered to other members of U3A.

Entry criteria : To have a ukulele for practice during the week. The class leader will advise on this. The instrument can be bought locally at a very reasonable cost. A willingness to practice and to attend classes regularly so that all members keep up with the progress of the class.

There is a cost of \$5 per session to cover venue and song sheet costs.

Meeting time : 3 pm to 4.15 pm Tuesdays weekly, commencing 7 February.

Venue : Guildford Hotel, Midland Highway, Guildford.

Understanding Opera

All year

Course leader : Peter Morris

5470 6593

Course outline : An on-going class in which participants enjoy listening to extracts from opera and are informed by brief explanations of the lives and idiosyncrasies of the composers and the performers. We hope to organise a visit to a live performance.

Entry criteria : None.

Meeting time : 2 pm to 4 pm second Monday monthly, commencing 13 February.

Venue : Private residence - contact course leader.

Wagner's Ring Cycle

All year

Course leader : Peter Morris, Felicity & Vic Say

5470 6593

Course outline : Wagner's 'Ring' will be performed in Melbourne in 2013. We will repeat many of the session shared during 2011 when we got to know the first two operas of the cycle and will get to know the other two during 2012. We will listen to CDs with libretto available to follow the words in German and English, and will watch DVDs and listen to other programs so we will be able to enjoy their dramatic complexity and musical riches live.

Entry criteria : None.

Meeting time : 7 pm third Friday monthly (session length 3 to 5 hours). Commencing 17 February.

Venue : Private residence - contact course leader.

Science & Mathematics

Climate Change: Science, Politics and Action

4 sessions

Course leader : Dean Bridgfoot

MASG 5470 6978

Course outline : Climate change is one of the Great Challenges of the 21st Century. The science and politics seem surrounded in hyperbole and exaggeration - come along to learn more about the science, politics and solutions to this hot issue!

Entry criteria : No prior knowledge.

Meeting time : 10 am - 11.30 am, alternate Fridays, 10 February to 23 March.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Electromagnetic Pollution Issues

2 sessions

Course leader : Janobai Smith

5473 4153

Course outline : This presentation focuses on sources of electromagnetic pollution, how we can identify them, and what we can do to lessen our exposure to them. We also use a number of different meters to measure fields coming off building wiring and common appliances, as well as their effect on our body.

Entry criteria : Interest in why, from the viewpoint of our health and environment, it is important to minimize exposure. Participants may bring along items for testing (e.g., clock radio, laptop or mobile phone).

This session is limited to 12 people.

Meeting time : 10 am to 12 noon Thursday 29 March & 5 April.

Venue : Kindergarten room and kitchen, Uniting Church.

Energy Efficient & Sustainable Homes

2 sessions

Course leader : Grace McCaughey

5472 1128

Course outline : This will enlighten participants on the whys, the wherefores and the hows, and what each of us to can do. Participants are encouraged to attend the Solar Cooking course as well. Lots of diagrams, information and contacts to take home. BYO notebooks.

Entry criteria : None.

Meeting time : 9.30 am to 3.00 pm, Friday 13 & 27 April (BYO morning tea and lunch).

Venue : Kindergarten Room, Uniting Church.

Geology of Change

6 sessions

Course leader : Julian Hollis

5470 5002

Course outline : Current concerns of humanity in relation to our environment can be directly addressed through earth sciences. Records from rocks and fossils provide information on past changes from which certain predictions can be made. We examine the geological record relating to climate change and some likely adaptation requirements.

Entry criteria : An interest in geology. An honest and open approach to the unfamiliar.

Meeting time : Weekly, 10 am to 11 am, Tuesdays, commencing 7 February.

Venue : Private residence - contact course leader.

Human Genetics - Introduction

4 sessions

Course leader : Christobel Comerford

5470 6230

Course outline : "It's all in your genes". The four-week course will include a brief history of the Science of Genetics and studies of the mechanism of inheritance, the structure and function of chromosomes, the significance of the DNA molecule, patterns of genetic inheritance and the nature of various human genetic disorders.

Entry criteria : No previous knowledge required. Members of the group are encouraged to participate in class discussions.

This course is limited to 16 participants.

Meeting time : 2 pm to 3.30 pm Wednesdays 8 February to 29 February.

Venue : Kindergarten Room, Uniting Church.

Renewable Energy Efficiency in Your Home

4 sessions

Course leader : Michael Reeves

MASG 5470 6978

Course outline : Making the most grid-connect solar PV. Energy efficiency in the home - new products and techniques to save money. Solar hot water technologies. Small and large-scale community wind-power. Understanding your electricity bill and tariffs.

Entry criteria : No prior knowledge - may bring electricity bill.

Meeting time : 10 am - 11.30 am, alternate Fridays, 6 July to 17 August.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Solar Cooking

2 sessions

Course leader : Grace McCaughey

5472 1128

Course outline : Solar Cooking will discuss what it is, where it comes from, how to use it and what it can do. Participants are encouraged to attend the Energy Efficient &

Sustainable Homes course as well. Lots of diagrams, information and contacts to take home. BYO notebooks.

Entry criteria : None.
Meeting time : 9.30 am to 3.00 pm, Friday 10 & 24 February (BYO morning tea and lunch).
Venue : Kindergarten Room, Uniting Church.

Sustainable Food Production

4 sessions

Course leader : **Peter Sansom** **MASG 5470 6978**

Course outline : This course continues the sustainability stream. It is for all those who would like to obtain the knowledge (and some skills) needed for them to start producing their own food.

Entry criteria : None. An interest in the subject matter and a willingness to participate.

Meeting time : 11.30 am to 1 pm, fortnightly, Mondays, commencing 8 October.

Venue : Hub Plot demonstration garden, Templeton Street at rear of 233 Barker Street (behind the Hub).

Social

Bridge

All year

Course leader : **Hans van Gemert** **5472 1082**

Course outline : Bridge is the most popular card game in the world because it relies on skill rather than luck. It is excellent training for the mind in planning, strategy setting and memory development. We play every Tuesday afternoon throughout the year in a pleasant environment. Notes are provided and regular problems set.

There is a cost of \$1 per person.

Entry criteria : Some Bridge playing experience and willingness to learn.

Meeting time : 1.30 to 4 pm Tuesdays commencing 7 February.

Venue : Castlemaine Health Auditorium (Hospital, near Emergency).

Contract Bridge - Introduction

4-6 sessions

Course leader : **Hans van Gemert** **5472 1082**

Course outline : This course will enable participants to learn (or relearn) to play bridge. Usually 4 to 6 weeks is needed and notes are provided. On completion, members will be encouraged to join the continuing Tuesday Bridge class.

Entry criteria : Participants should have some card playing experience and willingness to learn.

Meeting time : 1.30 pm to 3.30 pm Wednesdays 8 February for 4 to 6 weeks.

Venue : Fellowship Room, Uniting Church.

Over Eighties' Luncheon

All year

Course leader : **Eileen Park** **5472 5213**

Course outline : Provide a meeting venue for U3A members who do not wish to attend formal classes, but value social contact with other members. Initial meeting will discuss agenda.

Entry criteria : Aged 80 years + (partners welcome if desired). Bring own lunch to first meeting, and your ideas.

Meeting time : 12 noon to 1.30 pm second Wednesdays, commencing 14 March.

Venue : Fellowship Room, Uniting Church (first meeting).

Current Events & Politics

Issues that Concern

All year

Course leader : Carol Dorman

5472 4429

Course outline : A current affairs discussion group that includes current developments in politics, finance, health, education, human rights, science, business, agriculture, environment - just about anything that interests participants that has appeared in the media.

Entry criteria : An interest in current affairs. Basic level computer skills and an internet connection will aid communication between participants. Ability to present subjects for discussion. Tolerance of other points of view and a sense of humour.

Meeting time : 1.30 pm to 3.30 pm each second, third and fourth Friday of the month commencing 10 February.

Venue : U3A Office.

Propaganda Techniques

1 session

Course leader : Alfred van Amelsvoort

5427 4385

Course outline : Propaganda uses information (words, images, sounds, etc) to manipulate people's behaviour or beliefs. The target of a successful propagandist will feel that s/he has made a voluntary choice, even though s/he was never given a real chance to do so. The forum provides a framework for countering propaganda.

Entry criteria : An interest in countering propaganda and to be interactive in the group.

Meeting time : 12.30 pm to 3 pm, Tuesday 6 March.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Understanding Your Local Council

8 sessions

Course leader : Janet Cropley (Mayor, MAS)

0419 539 142

Course outline : This discussion group will cover the operations of Mount Alexander Shire Council: what regulations it works under; the annual processes; the budget and where it goes; how rates are set and how to appeal; State required work - by-laws, planning, building health, emergency management; gauging community input; developing strategic plans for areas of interest - sport, arts, environment, heritage; how council works with other organisations and governments. Note: This is not a vehicle for debating issues.

Entry criteria : An interest in local government and active discussion.

Meeting time : 1 pm to 3 pm, Thursdays, 9 February to 29 March.

Venue : Salvation Army Hall, Kennedy Street (adjacent railway station).

Other Courses

La Trobe University Lectures

- Course leader :** Sally Kaptein (co-ordinator) **5470 6340**
- Course outline :** It is possible to "sit in" on lectures given at La Trobe University, Bendigo. Participants must register for each course they wish to attend. It is not possible for members to go to tutorials, practical classes or field excursions. Information on courses will be available at the Enrolment Days and in the U3A Office thereafter, but for up-to-date information you should check the La Trobe timetable online: <http://www.latrobe.edu.au/timetable/>.
- Entry criteria :** None, other than a commitment to attend lectures.
- Meeting time :** As appropriate
- Venue :** La Trobe University, Flora Hill, Bendigo.

Movies of Merit

- Course leader :** John Waldie **All year**
5472 5411
- Course outline :** This program provides an opportunity to see films that are well regarded internationally and which will make you think. Each week we see a film from start to finish, assess it both analytically and from a personal enjoyment perspective. We meet in the Theatre Royal, courtesy of David Stretch.
- Entry criteria :** No formal knowledge - just an interest in film!
To critically appraise the film and subsequently rate it for technical content and personal enjoyment.
- Meeting time :** 10.45 am to 1.45 pm Mondays weekly, commencing 9 January.
NB: 10 am start on January 9, 16, 23 and 30.
- Venue :** Theatre Royal, Hargraves Street.

SUMMARY OF COURSES

SC = Short Course; AY = All-year Course

Course	Pg	Type	Day/Time	Venue	Leader	1st Mtg
Aboriginal History	8	AY	Tue, 10-12	U3A Office	Felicity Say	7 Feb
Apple Mac Computer Help	7	AY	Mon, 9.30-10.30	Salvation Army, Kennedy St	Bruce Carruthers	6 Feb
Art of Colour, The	5	SC			Sally Berridge	Term 3
Australian History	8	AY	2nd/4th, Mon, 2-4	Residences	Geoff Walker	13 Feb
Balkan States, 1945-2000	8	SC	Wed, 10-11.30	Kindergart. Rm, Uniting Church	Tom Comerford	8 Feb
Ballet Appreciation	17	AY	3rd Thu, 1.30-3	30a Parker St	Joe Scoglio	15 Feb
Basic Computer Skills	7	AY	Fri, 9-12	Octopus	Lyn Hall & Betty Johnson	10 Feb
Bloomsbury Group, The	9	SC	Tue, 2-4	49 Hargraves St	Helen Long	5 Jun
Bridge	21	AY	Tue, 1.30-4	C'maine Health Auditorium	Hans van Gemert	7 Feb
British Literature	9	AY	2nd/4th Mon, 3-4.30	Fellowship Rm, Uniting Church	Diana Collier	13 Feb
Bushwalking	14	AY	2nd/4th Wed, 8.30-11.30	Uniting Church car park	Carole Ingersoll	8 Feb
Climate Change: Science Politics and Action	19	SC	Fri 10-11.30	Salvation Army Kennedy St	Dean Bridgfoot	10 Feb
Colour Theory Using Watercolours	5	SC	Mon, 10.30-2.30	Leisterville	Paula Paas	12 Mar
Compositions in Acrylic	5	SC	Mon, 10.30-2.30	Leisterville	Peggy Munro	16 Apr
Contract Bridge - Introduction	21	SC	Wed, 1.30-3.30	Fellowship Rm, Uniting Church	Hans van Gemert	8 Feb
Craft of Writing I	9	SC	Wed 1.30-4.30	Salvation Army Kennedy St	Elizabeth Rider	8 Feb
Craft of Writing II	10	SC	Wed 1.30-4.30	Salvation Army Kennedy St	Elizabeth Rider	18 Apr
Craft of Writing III	10	SC	Wed 1.30-4.30	Salvation Army Kennedy St	Elizabeth Rider	18 Jul
Craft of Writing IV	10	SC	Wed 1.30-4.30	Salvation Army Kennedy St	Elizabeth Rider	17 Oct
Drawing - Basic Skills	5	SC	Mon, 10.30-2.30	Leisterville	Peggy Munro	6 Feb
El Camino de Santiago de Compostela	15	SC	Tue, 12.30-3	Salvation Army Kennedy St	Alfred van Amelsvoort	28 Feb
Electromagnetic Pollution Issues	19	SC	Thu, 10-12	Kindergarten Rm, Uniting Ch	Janobai Smith	29 Mar
Energy Efficient & Sustainable Homes	20	SC	Fri 9.30- 3	Kindergarten Rm, Uniting Ch	Grace McCaughey	13 Apr
Ethics	11	SC	Thu, 11-12.30	U3A Office	Karen Mather	22 Mar
Family History/ Genealogy	9	SC	Mon, 1.30-3.30	Octopus	Veronica Hurley	Term 2, tba

Course	Pg	Type	Day/Time	Venue	Leader	1st Mtg
French I	12	AY	Tue 1-2.30	Fellowship Rm, Uniting Church	Sue Greed	7 Feb
French II	12	AY	Tue 2.30-4	Fellowship Rm, Uniting Church	Sue Greed	7 Feb
French Conversation	12	AY	2nd/4th Mon, 2-3.30	8673 Midland Hwy, BarkersCk	Jane Quinn	13 Feb
French Language & Literature	12	AY	1st/3rd Mon, 2-3.30	Kindergart. Rm, Uniting Church	Tony Morton	6 Feb
Friday Morning Garden Group	15	AY	3rd Fri, 10-12	Fellowship Rm, Uniting Church	Shirley Curnow	17 Feb
Gardening in Castlemaine	15	AY	1st Tue, 2-4	Kindergart. Rm, Uniting Church	Harvey Jacka	7 Feb
Geology of Change	20	SC	Tue, 10-11	35 Campbell St	Julian Hollis	7 Feb
German I	13	AY	Mon, 9.30-10.45	U3A Office	Ros Coffey	6 Feb
German II	13	AY	Mon, 10.45-12	U3A Office	Ros Coffey	6 Feb
Golf Croquet for Beginners	15	AY	Tue, 10-12	Castlemaine Bowling Club	Frank Pederick	3 Apr
Great Women in History: The Entertainers	9	SC	Wed, 10-11.15	Kindergart. Rm, Uniting Church	Tom Comerford	11 Jul
How do I do that?	7	AY	Wed, 9.30-12.30	Octopus	Shane Doyle	15 Feb
Human Genetics - Introduction	20	SC	Wed, 2-3.30	Kindergarten Rm, Uniting Ch	Christobel Comerford	8 Feb
Intuitive Development through Relaxation	15	SC	Mon, 10.30-11.30	Salvation Army Kennedy St	Michelle Fortuna	6 Feb
Issues that Concern	22	AY	Fri, 1.30-3.30	U3A Office	Carol Dorman	10 Feb
Italian I	13	AY	Tue, 9-10.30	10 Vincent St	John Stanistreet	7 Feb
Italian II	13	AY	Tue, 10.30-12	10 Vincent St	Norma Rantall	7 Feb
Italian III	13	AY	Thu, 9.30-11	Tba	Vivienne Robertson	9 Feb
LaTrobe University Lectures	23	---	---	LaTrobe Uni, Flora Hill	Sally Kaptein (co-ordinator)	---
Latin I - Beginners	14	AY	2nd Thu, 12.30-1.30	Kindergart. Rm, Uniting Church	Janet Gilmore	9 Feb
Latin II - Intermediate	14	AY	2nd Thu, 1.30-2.30	Kindergart. Rm, Uniting Church	David Kennedy	9 Feb
Latin III - Advanced	14	AY	2nd Thu, 2.30-3.30	Kindergart. Rm, Uniting Church	David Kennedy	9 Feb
Latin Revision	14	AY	4th Thu, 1.30-2.30	Kindergart. Rm, Uniting Church	Janet Gilmore	23 Feb
Let's Read a Play	11	AY	2nd/4th Mon, 10-1	3 Saint St	Barrie & Trish King	13 Feb
Mindfulness for Wellbeing	16	SC	Wed, 9.30-10.30	Fellowship Rm, Uniting Church	Karina de Wolf	9 May
Monoprints & Linocuts	6	SC	Mon, 10.30-2.30	Leisterville	Paula Paas	28 May
Movies of Merit	23	AY	Mon, 10.45-1.45	Theatre Royal	John Waldie	9 Jan (10 am)
Music Appreciation	17	AY	1st Wed, 9.30-11.30	3 Stewart St	Bruce Baud	7 Mar
Opera: Occasional Series	18	AY	1st Fri, 7-11 pm	2 Gainsborough St	Felicity & Vic Say	3 Feb

Course	Pg	Type	Day/Time	Venue	Leader	1st Mtg
Over Eighties' Luncheon	21	AY	2nd Wed, 12-1.30	Fellowship Rm, Uniting Church	Eileen Park	14 Mar
Pétanque	16	SC	Friday, 2-4	Campbells Creek	Jenni Rutherford	20 Apr
Photography & Digital Imaging	6	AY	Thu, 1.30-3.30	Octopus	Trevor Wheeler	16 Feb
Pix to PC & Beyond	8	AY	Wed, 1.30-3.30	Octopus	Shane Doyle	15 Feb
Portraits - Getting a Likeness	6	SC	Mon, 10.30-2.30	Leisterville	Marion Cooke	8 Oct
Propaganda Techniques	22	SC	Tue, 12.30-3	Salvation Army Kennedy St	Alfred van Amelsvoort	6 Mar
Public Speaking	11	SC	2nd/4th Mon, 10- 11.30	Fellowship Rm, Uniting Church	Diana Collier	13 Feb
Renewable Energy Efficiency in your Home	20	SC	Fri 10-11.30	Salvation Army Kennedy St	Michael Reeves	6 Jul
Requiem ... and then	18	AY	1st/3rd Fri, 1.30- 3.30	2 Gainsborough St	Vic Say	3 Feb
Realism to Abstract	6	SC	Mon, 10.30-2.30	Leisterville	Paula Paas	23 Nov
Shakespeare	11	AY	2nd/4th Mon, 1.30-3	Fellowship Rm, Uniting Church	Diana Collier	13 Feb
Short Walks	16	AY	Wed, 9-10.30	Uniting Church car park	Dot Henshall	22 Feb
Singing Together	18	AY	Tue, 3.30-5.30	Salvation Army Kennedy St	Rae Hawkins	7 Feb
Solar Cooking	20	SC	Fri 9.30- 3	Kindergarten Rm, Uniting Ch	Grace McCaughey	10 Feb
Still Life Using Collage Techniques	6	SC	Mon, 10.30-2.30	Leisterville	Paula Paas	27 Aug
Story of Language	11	AY	2nd/4th Mon, 11.30-1.30	Fellowship Rm, Uniting Church	Diana Collier	13 Feb
Sustainable Food Production	21	SC	Alternate Mon, 11.30-1	Hub plot demo. garden	Peter Sansom	8 Oct
Table Tennis	16	AY	Wed, 10-12	Camp Reserve	Bernadette Fraser	8 Feb
Tai Chi	17	AY	Mon, 9.30-10.45	Botanical Gdns/ Kindergart. Rm	Dot Henshall	27 Feb
Tai Chi - Seated for Arthritis	17	AY	Fri, 10-11	Tba	Dot Henshall	17 Feb
Tonal Exercises	7	SC	Mon, 10.30-2.30	Leisterville	Peggy Munro	16 Jul
Twentieth Century Literature	12	AY	2nd Fri, 1-3	Salvation Army Kennedy St	Denise Jepson	10 Feb
Ukulele for Beginners	18	AY	Tue, 3-4.15	Guildford Hotel	Annie Wiltshire	7 Feb
Understanding Opera	19	AY	2nd Mon, 2-4	88 BlanketGully Rd, C'bells Ck	Peter Morris	13 Feb
Understanding Your Local Council	22	SC	Thu, 1-3	Salvation Army Kennedy St	Janet Cropley	9 Feb
Wagner's Ring Cycle	19	AY	3rd Fri, 7-11 pm	tba	Peter Morris, Felicity & Vic Say	17 Feb

Checklist – Courses You Have Enrolled in for 2012

* Short courses are marked with an asterisk

MONDAY - morning	Start	MONDAY - afternoon	
<input type="checkbox"/> *Drawing - Basic Skills	6 Feb	<input type="checkbox"/> Family History/ Genealogy	16 Apr
<input type="checkbox"/> Apple Mac Computer Help	6 Feb	<input type="checkbox"/> Australian History	13 Feb
<input type="checkbox"/> *Colour Theory Using Water-colours	12 Mar	<input type="checkbox"/> British Literature	13 Feb
<input type="checkbox"/> *Compositions in Acrylic	16 Apr	<input type="checkbox"/> Story of Language	6 Feb
<input type="checkbox"/> *Monoprints & Linocuts	28 May	<input type="checkbox"/> French Conversation	13 Feb
<input type="checkbox"/> *Tonal Exercises	16 Jul	<input type="checkbox"/> French Language & Literature	6 Feb
<input type="checkbox"/> *Still Life Using Collage Techniques	27 Aug	<input type="checkbox"/> Understanding Opera	13 Feb
<input type="checkbox"/> *Portraits - Getting a Likeness	8 Oct		
<input type="checkbox"/> *Realism to Abstract	23 Nov		
<input type="checkbox"/> Let's Read a Play	13 Feb		
<input type="checkbox"/> Public Speaking	13 Feb		
<input type="checkbox"/> Shakespeare	13 Feb		
<input type="checkbox"/> German I	6 Feb		
<input type="checkbox"/> Intuitive Development through Relaxation	6 Feb		
<input type="checkbox"/> Tai Chi	27 Feb		
<input type="checkbox"/> *Sustainable Food Production	8 Oct		
<input type="checkbox"/> Movies of Merit	9 Jan		
TUESDAY - morning		TUESDAY - afternoon	
<input type="checkbox"/> Aboriginal History	7 Feb	<input type="checkbox"/> *Bloomsbury Group, The	5 Jun
<input type="checkbox"/> Italian I	7 Feb	<input type="checkbox"/> French I	7 Feb
<input type="checkbox"/> Italian II	7 Feb	<input type="checkbox"/> French II	7 Feb
<input type="checkbox"/> Golf Croquet for Beginners	3 Apr	<input type="checkbox"/> Gardening in Castlemaine	7 Feb
<input type="checkbox"/> *Geology of Change	7 Feb	<input type="checkbox"/> Singing Together	7 Feb
		<input type="checkbox"/> Ukulele for Beginners	7 Feb
		<input type="checkbox"/> Bridge	7 Feb
		<input type="checkbox"/> El Camino de Santiago de Compostela	28 Feb
		<input type="checkbox"/> *Propaganda Techniques	6 Mar
WEDNESDAY - morning		WEDNESDAY - afternoon	
<input type="checkbox"/> How do I do that?	15 Feb	<input type="checkbox"/> Pix to PC & Beyond	15 Feb
<input type="checkbox"/> *Balkan States, 1945-2000	8 Feb	<input type="checkbox"/> *Craft of Writing I	8 Feb
<input type="checkbox"/> * Great Women in History: The Entertainers	11 Jul	<input type="checkbox"/> *Craft of Writing II	18 Apr
<input type="checkbox"/> Bushwalking	8 Feb	<input type="checkbox"/> *Craft of Writing III	18 Jul
<input type="checkbox"/> *Mindfulness for Wellbeing	9 May	<input type="checkbox"/> *Craft of Writing IV	17 Oct
<input type="checkbox"/> Short Walks	22 Feb	<input type="checkbox"/> *Human Genetics - Introduction	8 Feb
<input type="checkbox"/> Table Tennis	8 Feb	<input type="checkbox"/> *Introduction to Contract Bridge	8 Feb
<input type="checkbox"/> Music Appreciation	7 Mar	<input type="checkbox"/> Over Eighties' Luncheon	14 Mar

THURSDAY - morning

- *Ethics 22 Mar
- Italian III 9 Feb
- *Electronic Pollution Issues 29 Mar

THURSDAY - afternoon

- Photography & Digital Imaging 16 Feb
- Latin I - Beginners 9 Feb
- Latin II - Intermediate 9 Feb
- Latin III - Advanced 9 Feb
- Latin Revision 23 Feb
- Ballet Appreciation 16 Feb
- *Understanding Your Local Council 9 Feb

FRIDAY - morning

- Basic Computer Skills 10 Feb
- Twentieth Century Literature 10 Feb
- Friday Morning Garden Group 17 Feb
- Tai Chi - Seated for Arthritis 17 Feb
- *Energy Efficient & Sustainable Homes 13 Apr
- *Solar Cooking 10 Feb
- *Climate Change: Science Politics and Action 10 Feb
- *Renewable Energy Efficiency in your Home 6 Jul

FRIDAY - Afternoon/Evening

- *Pétanque Term 2
- Opera: Occasional Series (even.) 3 Feb
- Requiem ... and then 3 Feb
- Wagner's Ring Cycle (even.) 17 Feb
- Issues that Concern 10 Feb

Unallocated

- *Art of Colour, The Term 3
- La Trobe University Lectures -----



COMMON QUESTIONS ABOUT US

Is U3A Castlemaine a University?	No. It is a place where older people are encouraged to share and learn about things of mutual interest.
How old do I have to be to join?	There is no age restriction, but you need to be retired or semi-retired
Do I need qualifications to join?	No
How much does it cost to join?	The annual subscription in 2012 is \$40
Is there a charge for attending classes?	Generally, no. A few some classes have a small fee to cover materials used.
How many classes can I attend?	As many, or as few, as you wish - please consider your time commitments and the limited numbers for many courses.
When are the activities held?	Most activities are held during the day on Mondays to Fridays.
Are classes held in school holidays?	There are special activities organised for School Holidays, but some classes prefer to continue.
How often do class groups meet?	Each Group decides this. Some meet once a month, others fortnightly and others weekly. There are some "once off" short-term activities.
Who are the class leaders?	Some are members with special interests or knowledge from their previous work experience or from hobbies or recreation. Others lead groups because they enjoy the challenge of learning and sharing with others. Yet others act as 'convenors' using the knowledge and skills available from members of the group.
How do I join a particular class or group?	A prospectus outlining the courses that are to run for the term, semester or year is issued in December and available from the U3A Office, the Visitor Information Centre and the Community Information Centre in the Faulder Watson Hall. Enrolment days are held in conjunction with Membership Subscription renewals towards in January. Thereafter new classes and activities are advertised in the Newsletter where guidelines for enrolment are specified.
Who runs U3A Castlemaine?	A Committee of six elected Office Bearers and five elected members. Class representatives are encouraged to attend Committee meetings

Calendar 2012

TERM DATES 2012

Term 1: Monday, February 6 - Thursday, April 5

(Easter Friday April 6 - Monday, April 9)

Term 2: Monday, April 16 - Friday, June 29

Term 3: Monday, July 16 - Friday, September 21

Term 4: Monday, October 8 - Friday, December 21

U3A ACTIVITIES

Jan	Tues 17-Wed 18 Mon 23	Enrolment Mornings Newsletter deadline
Feb	Wed 1 Fri 3 Mon 6 Tues 14 Mon 20 Wed 29	New Course Leaders Information Session Coffee Morning Office re-opens Classes for Term 1 commence Committee Meeting Newsletter deadline: Information Session: Changes to the Constitution
Mar	Fri 2 Mon 12 Tues 6 Tues 13 Fri 16 Mon 19 Thur 29 Fri 30	Coffee Morning Labour Day holiday Information Session: Changes to the Constitution Committee Meeting Information Session: Changes to the Constitution Newsletter deadline New Members Welcome Day Coffee Morning (note: 2 in March) Special General Meeting
Apr	Thur 5 Fri 6-Mon 9 Tues 10 Mon 16 Mon 23 Wed 25 Thur 26	Term 1 Classes end Easter Break Committee Meeting Term 2 classes commence Newsletter deadline Anzac Day holiday Notification to Unfinancial Members
May	Fri 4 Tues 8 Mon 21 Wed 30	Coffee Morning Committee Meeting Newspaper deadline Car Trail
June	Fri 1 Tues 12 Mon 25 Fri 29	Coffee Morning Committee Meeting Newspaper deadline Term 2 classes end



Castlemaine is a voluntary community organisation that provides low cost learning for people of the third age, enabling them to keep both mentally and physically active and alert.

The membership subscription of \$40 entitles members to attend as many classes as they wish. However, when planning your enrolment, you should consider your time commitments and the limited numbers for many courses.

ENROLMENTS MAY BE DONE EITHER BY MAIL OR IN PERSON.

Complete the enclosed enrolment form and return to:

Course Coordinator

U3A Castlemaine, PO Box 792, Castlemaine

or

hand it in at the Enrolment Days,

Tuesday 17 and Wednesday 18 January 2012,

10 a. m. - 12 noon

Uniting Church complex, Lyttleton Street, Castlemaine

All enrolment forms should be submitted by 27 January 2012,
so that class lists can be prepared.

Class lists will be available at the Course Leaders' Training Session
Wednesday 1 February 10 am-12 noon

Course Co-ordinator: Dick Mack (mobile 0411 244 103)
Course Administrator: Robyn Yeoman (phone 5472 3702)
Email: u3acastlemainecourses@gmail.com

U3A Office

Uniting Church complex, Lyttleton St Castlemaine

Telephone: 5472 2249

Office Hours:

Monday, Tuesday, Wednesday, Thursday 1.30 pm - 3.00 pm